

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday



Saturday

February 2025

Ross Adult Day Center



UCFS Eldercare
Ross Adult Day Center
165 McKinley Ave. Norwich, CT

<p>2 https://www.facebook.com/ucfseldercare  Follow us on Facebook <small>Groundhog Day</small></p>	<p>3 AM: Well- Grounded Lunch @ noon PM: Ring Toss Ice Cream for Breakfast Day</p>	<p>4 AM: Monthly Gazette & IQ Lunch @ noon PM: Shuffle Shot Homemade Soup Day</p>	<p>5 AM: What am I? RD Lunch @ noon PM: Lawn Darts Tater Tot Day</p>	<p>6 AM: Maple Syrup Magic Lunch @ noon PM: Jeopardy Trivia Frozen Yogurt Day</p>	<p>7 AM: Who am I? WW Lunch @ noon PM: Owl Visits with Gwen/Super Bowl Picks Fettuccine Alfredo Day</p>	<p>8</p>
<p>9</p>	<p>10 AM: Star of the Month Lunch @ noon PM: Super Bowl Party Pork Rind Day Hairdresser</p>	<p>11 AM: Tales Categories Lunch @ noon PM: Tabletop Bowling Paczki Day</p>	<p>12 AM: The Full Snow Moon Lunch @ noon PM: Solar Darts Plum Pudding Day <small>Tu B'Shevat Begins</small></p>	<p>13 AM: First Ladies Who am I? Lunch @ noon PM: Cranium Crunches Cheddar Cheese Day</p>	<p>14 AM: History of Valentines Day Lunch @ noon PM: Candy Phrases Finish the Line Cream Filled Chocolates Day <small>Valentine's Day</small></p>	<p>15  <small>gg60430405 www.gograph.com</small></p>
<p>16</p>	<p>17 AM: Who am I? SBA Lunch @ noon PM: Bocce Ball Almond Day <small>Presidents' Day (U.S.)</small></p>	<p>18 AM: Hail to the Chief Lunch @ noon PM: Plinko Drink Wine Day</p>	<p>19 AM: Orbit Categories Lunch @ noon PM: Dick Tarryk Entertains! Chocolate Mint Day</p>	<p>20 AM: Washington Monument & Lincoln Memorial Lunch @ noon PM: Shuffle Shot Muffin Day</p>	<p>21 AM: Are you a Snake? Lunch @ noon PM: Matt Bureau Entertains! Sticky Bun Day</p>	<p>22 Sandra – 9th Gary L. – 19th</p>
<p>23 Caregiver Support Group the last Tuesday of every month, doors open at 2:45pm</p>	<p>24 AM: What am I? CL Lunch @ noon PM: Baggo Tortilla Day Hairdresser</p>	<p>25 AM: Who am I? BH <small>Special days</small> Lunch @ noon PM: Popcorn Toss Clam Chowder Day</p>	<p>26 AM: Plane Categories Lunch @ noon PM: Washer Toss Pistachio Day</p>	<p>27 AM: Remembering Going to the Movies Lunch @ noon PM: Minute to Win it Kahlua Day</p>	<p>28 AM: Table Talk Tidbits & February Ponderings Lunch @ noon PM: Tabletop Bowling Chocolate Souffle Day <small>Ramadan Begins</small></p>	

165 McKinley Ave. ** Norwich, CT 06360 ** (860) 889-1252 *** Join us on Tie Dye Tuesdays and wear your tie dye!!!

ATTENTION
Sheltering Arms Residents / Ross ADC

Men's Haircut-----	\$14.00
Women's Haircut--	\$17.00
Wash/Cut/Set-----	\$30.00
Hair Wash-----	\$7.00
Wash/Set-----	\$17.00
Highlighting-----	\$35.00
Full Color-----	\$35.00
Retouch Color-----	\$30.00
Permanent-----	\$55.00
Perm with Haircut--	\$65.00
Beard Trim-----	\$9.00

The Hairdresser visits every other Monday, subject to cancellation / change at will.