

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2025

Daily activities: 1
Morning snack,
Current events, News,
Light Exercise,
Afternoon snack

2
<https://www.facebook.com/ucfseldercare>

Follow us on Facebook

3
AM: Peace Corp Day
Lunch @ noon
PM: Corn Hole
Cold Cuts Day
Hairdresser

4
AM: What am I? MG
Lunch @ noon
PM: Mardi Gras Party!
Paczki Day
Mardi Gras

5
AM: Lent 101
Lunch @ noon
PM: Ax Throwing
Cheese Doodle Day

6
AM: Monthly Gazette & IQ
Lunch @ noon
PM: How do you eat your Oreo & Personality test
Oreo Cookie Day

7
AM: Who am I? C
Lunch @ noon
PM: Sahara Desert Mining
Flapjack Day

8

9
Daylight Saving Time Begins

10
AM: What am I? DST
Lunch @ noon
PM: Plinko
Blueberry Popover Day

11
AM: A to Z Occupations
Lunch @ noon
PM: Entertainment
Wayne Burrows
Oatmeal Waffle Day

12
AM: Who am I? GS
Lunch @ noon
PM: Kara0ke with Cara
Baked Scallops Day

13
AM: Star of the Month
Lunch @ noon
PM: Horseshoes
Coconut Torte Day
Purim Begins

14
AM: PINES Categories
Lunch @ noon
PM: Solar Darts
Pi Day



16

17
AM: Who am I? DA
Lunch @ noon
PM: St. Patrick's Day Party
Corned Beef & Cabbage Day
Hairdresser

18
AM: Who am I? JD
Lunch @ noon
PM: Lawn Darts
Lacy Oatmeal Cookie Day

19
AM: FLOUR Categories
Lunch @ noon
PM: Table Top Bowling
Chocolate Carmel Day

20
AM: Crossword
Lunch @ noon
PM: Minutes to Win It
Ravioli Day
Spring Begins

21
AM: Where Am I?
Lunch @ noon
PM: Mark Reichard
Rock & Roll
French Bread Day

22
Buddy – 5th
Janina – 14th
Jim – 18th

23
Caregiver Support Group the last Tuesday of every month, doors open at 2:45pm

24
AM: March Ponderings
Lunch @ noon
PM: Ring Toss
Cocktail Day

25
AM: Medal of Honor Day
Lunch @ noon
PM: Bingo
Lobster Newburg Day

26
AM: What am I? GPG
Lunch @ noon
PM: Baggo
Spinach Day

27
AM: STAND Categories
Lunch @ noon
PM: Dice Baseball
Spanish Paella Day

28
AM: Table Talk Tidbits
Lunch @ noon
PM: Ramblin' Dan!
Black Forest Cake Day



30

31
AM: Jeopardy! Day
Lunch @ noon
PM: Name that TV Tune
Tater Day
Hairdresser

Ross Adult Day Center
*165 McKinley Ave. ** Norwich, CT 06360 ** (860) 889-1252*

Join us on Tie Dye Tuesdays and wear your tie dye!!